

Class Schedule



Mon

Private lessons / Workshops

Tue

High Intermediate / Advanced 6:15 - 7:40 pm
Pole Choreo class 7:45 - 9:00 pm

Wed

Private lessons / Workshops

Thu

Beginner / Low Intermediate 6:15 - 7:40 pm
Heels Choreo class 7:45 - 9:00 pm

Fri

Private lessons / Workshops

Sat

Strength & Flexibility 11:00 am - 12:15 pm
Open class 12:30 - 2:00 pm

Sun

Private lessons / Workshops